



National Nutrient Database for Standard Reference

Release 28 slightly revised May, 2016

Statistics Report 01109, Milk, sheep, fluid

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Nutrient values and weights are for edible portion.

Nutrient	Unit	Value Per 100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Proximates													
Water	g	80.70	31	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1976
Energy	kcal	108	--	--	--	--	--	--	--	--	Calculated or imputed	--	11/1976
Energy	kJ	451	--	--	--	--	--	--	--	--	Calculated or imputed	--	01/2014
Protein	g	5.98	112	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1976
Total lipid (fat)	g	7.00	104	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1976
Ash	g	0.96	74	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1976
Carbohydrate, by difference	g	5.36	--	--	--	--	--	--	--	--	Calculated or imputed	--	11/1976
Fiber, total dietary	g	0.0	--	--	--	--	--	--	--	--	Calculated or imputed	--	11/1976
Minerals													
Calcium, Ca	mg	193	92	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1976
Iron, Fe	mg	0.10	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1976
Magnesium, Mg	mg	18	62	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1976

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Phosphorus, P	mg	158	92	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1976
Potassium, K	mg	137	74	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1976
Sodium, Na	mg	44	74	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1976
Zinc, Zn	mg	0.54	--	--	--	--	--	--	--	--	Calculated or imputed	--	11/1976
Copper, Cu	mg	0.046	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1976
Manganese, Mn	mg	0.018	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1976
Selenium, Se	µg	1.7	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/1997
Vitamins													
Vitamin C, total ascorbic acid	mg	4.2	7	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1976
Thiamin	mg	0.065	9	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1976
Riboflavin	mg	0.355	11	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1976
Niacin	mg	0.417	7	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1976
Pantothenic acid	mg	0.407	5	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1976
Vitamin B-6	mg	0.060	--	--	--	--	--	--	--	--	Calculated or imputed	--	11/1976
Folate, total	µg	7	--	--	--	--	--	--	--	--	Calculated or imputed	--	11/1976

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Folic acid	µg	0	--	--	--	--	--	--	--	--	Assumed zero	--	01/2001
Folate, food	µg	7	--	--	--	--	--	--	--	--	Calculated or imputed	--	11/1976
Folate, DFE	µg	7	--	--	--	--	--	--	--	--	Calculated or imputed	--	01/2001
Vitamin B-12	µg	0.71	14	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1976
Vitamin A, RAE	µg	44	11	0.000	--	--	--	--	--	--	Analytical or derived from analytical	--	06/2002
Retinol	µg	44	11	0.000	--	--	--	--	--	--	Analytical or derived from analytical	--	06/2002
Vitamin A, IU	IU	147	11	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1976
Lipids													
Fatty acids, total saturated	g	4.603	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1976
4:0	g	0.204	13	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1976
6:0	g	0.145	13	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1976
8:0	g	0.138	13	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1976
10:0	g	0.400	14	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1976
12:0	g	0.239	14	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1976
14:0	g	0.660	14	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1976

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16:0	g	1.622	14	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1976
18:0	g	0.899	14	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1976
Fatty acids, total monounsaturated	g	1.724	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1976
16:1 undifferentiated	g	0.128	12	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1976
18:1 undifferentiated	g	1.558	14	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1976
Fatty acids, total polyunsaturated	g	0.308	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1976
18:2 undifferentiated	g	0.181	14	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1976
18:3 undifferentiated	g	0.127	12	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1976
20:4 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	11/1976
Cholesterol	mg	27	--	--	--	--	--	--	--	--	Calculated or imputed	--	11/1976
Amino Acids													
Tryptophan	g	0.084	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1976
Threonine	g	0.268	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1976
Isoleucine	g	0.338	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1976

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Leucine	g	0.587	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1976
Lysine	g	0.513	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1976
Methionine	g	0.155	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1976
Cystine	g	0.035	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1976
Phenylalanine	g	0.284	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1976
Tyrosine	g	0.281	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1976
Valine	g	0.448	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1976
Arginine	g	0.198	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1976
Histidine	g	0.167	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1976
Alanine	g	0.269	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1976
Aspartic acid	g	0.328	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1976
Glutamic acid	g	1.019	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1976
Glycine	g	0.041	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1976
Proline	g	0.580	--	--	--	--	--	--	--	--	Calculated or imputed	--	11/1976

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Serine	g	0.492	--	--	--	--	--	--	--	--	Analytical or -- derived from analytical	--	11/1976